música primordial

TEAMDRUMMING

Detailed dossier

Methodology, design and instruments

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The starting point

We shape the experience for your team: what you want to work on or celebrate, which format fits, and how we will develop it through percussion, body and movement.

Before designing the activity, we discuss the purpose of the gathering, who will take part and how it fits into the event. We then agree on the format, duration, instruments and professional team.

Fitting into your event

We adapt the duration to the purpose of the gathering and the time available. Within the reserved slot, we allow for participants to arrive and settle in, transitions and the closing, so the experience can unfold without rushing.



Four ways of working

Team Drums
Rhythm and team cohesion

Share a playful experience making music as a team.

Reflection Drums
Values and communication

Explore a team issue through music and conversation.

Executive Drums
Leadership in action

Experience both conducting the orchestra and responding in tune with the leader, as part of the musical creation.

Synergy Drums
Skills and collective creation

Create in groups and bring the contributions together in a composition where every part is essential to the whole.

Instruments

Three instrument options for all four formats



Djembes



Caxixis



Claves



Bells

Djembes only: a shared instrumental foundation for the whole group.

Mixed percussion: a combination of djembes and small percussion, with different timbres and musical roles.

Small percussion: an alternative considered according to the group and the activity design.

Each participant has a professional instrument. Depending on the activity, we may invite participants to swap instruments to experience other sounds and roles within the ensemble.

Team Drums

Rhythm and team cohesion

An experience where percussion, body and movement invite everyone to take part. The group works, listens and builds music together in a relaxed, playful atmosphere, with time at the end to acknowledge the shared experience as a team.

The sequence and time devoted to each activity adapt to the group and the agreed duration. Short sessions offer a concentrated experience. Longer workshops allow more time to develop listening, coordination and musical co-creation.

Duration and participants

Duration: 40-45, 60 or up to 90 minutes.

Participants: 8 to 80 people, extendable to 250. For groups of up to 300, we discuss the options according to the instrument format and instrument availability.

We adapt the logistics and the number of supporting musicians to the size of the group.

Session outline

Musical welcome: the facilitators greet the group by playing and invite participants to gradually join the rhythm.

Introduction and body warm-up: we introduce the activity, share participation agreements and prepare the body.

Listening and coordination: we discover the sounds of the instruments and work on a shared pulse, entries and silences.

Making music together: we combine rhythms, call and response, and participants' contributions to shape the group's own piece.

Musical finale and physical closing: we bring the piece to its culmination and take time to relax, express appreciation and acknowledge the shared experience as a team.



Reflection Drums

Rhythm and reflection in one process

We begin with the values or issue the organisation wants to explore with the team. We agree on a focus to guide the musical activities, questions and conversations.

Rhythm is the thread running through the workshop. Musical activities and questions selected to explore the agreed topic create pauses for each person to express their response. We gather contributions, acknowledge every participant's voice and identify common ground and differences to formulate shared conclusions, values or intentions.

A space to listen and give every participant a voice.



Session outline and requirements

Musical welcome and shared listening, to enter into the experience.

Exploring the topic, through rhythmic activities, questions and pauses to give every participant a voice.

Gathering and sharing contributions, acknowledging each contribution and identifying common ground and differences.

Verbal synthesis and musical closing, with the conclusions, values or intentions the group has formulated.

Duration: 60-90 minutes.

Participants: Up to 20 people, with intimate formats from 6. For larger groups, we adapt the design.

Instruments: We recommend one professional djembe per person, with other instruments available so participants can choose how to take part. Mixed percussion is also possible, depending on the design.

We draw on resources including Simon Faulkner's Rhythm2Recovery, adapted to the team's context and purpose.

Executive Drums

A shared musical language

The group learns clearly defined musical sections and resources, and we establish a shared code of gestures and body signals. The conductor knows which elements can be combined and how to cue them. The orchestra recognises them and responds as a whole. This shared language allows participants to create and conduct with the expressiveness of the whole body, without verbal instructions.

Conducting is a temporary, voluntary role. Someone without a management role can conduct the orchestra while their manager plays, and vice versa. The shared musical language offers a different setting from everyday work to explore how we lead and respond to leadership.



The challenge of conducting

Those who accept the challenge take a turn conducting the orchestra. Using what they have learnt, they create their own arrangement in the moment: making decisions, sustaining the musical idea and listening to the ensemble's response to keep the team's music flowing.



The orchestra listens to the signals and responds with sensitivity and coordination. Each participant helps develop the leader's idea and feels part of the musical creation. This response also inspires the conductor: the team's music takes shape through the interaction between the leader and a cohesive orchestra that listens and responds.



Reflection and requirements

After conducting, both the leader and the orchestra share their experience. We explore what helps make a musical idea clear, sustain it and generate a sensitive, coordinated response, and how this relates to the team's work.

Tamir facilitates the reflection drawing on his training in ontological coaching, body and movement.

Depending on the purpose, an external coach can observe the activity and offer a complementary perspective. We agree on this in the design and quotation.

Duration: 90 minutes recommended. Adaptable to 60, with fewer conducting opportunities and less reflection time.

Participants: 20 to 80 people, to focus on the relationship between the conductor and the orchestra.

Instruments: Djembes only or mixed percussion. One professional instrument per person.

Usually 4 to 6 participants conduct. The rest of the team takes part in the orchestra, listening and responding to each musical idea.

Synergy Drums

Section work and collective composition

The group divides into three musical sections, each preparing a complementary contribution with professional guidance. When they reunite, the sections combine their work in a composition where every part is essential to bring the whole to life.

Starting together: we introduce the activity and establish a shared musical foundation.

Working in three sections: each section prepares its musical part and can develop its own expression as a team, with professional guidance.

Coming back together: the sections share what they have prepared and combine their voices in the shared composition.

Musical integration: we fit the parts together until the complete composition comes to life.

Shared closing: we acknowledge what each section has contributed and how it has made the collective result possible.

Instruments and complementary roles

With djembes only, the three sections develop different rhythmic voices with the same timbre.

With mixed percussion, each section corresponds to an instrument family, with distinct sounds and musical roles. In both cases, each part is prepared to fit with the others and form the complete composition.

Depending on the agreed topic, this experience allows us to explore how roles complement one another, how a specialism develops and each person's responsibility for the shared result.



Format requirements

Duration: 90-120 minutes.

Participants: Usually 30 to 180 people, in three sections of up to 60. Also available for smaller teams, depending on the context.

Spaces: One main room and two additional rooms, suitable for playing percussion simultaneously.

Musicians: Tamir and at least two accompanying musicians. From 81 participants, at least three. Staffing adapts to the group, instruments and production needs.

The duration includes moving between rooms and bringing the sections back together.



Shaping your proposal

Tell us what you would like to work on or celebrate, who will take part, the planned date and location, and the time available. We will then agree on the format and requirements to prepare the activity.

Preparing the activity

We agree with the organiser on instruments, spaces, the professional team and sound requirements according to the format and group size. The quotation specifies the services included and the production requirements.



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